

**Poster Presentations**  
**Graduate / Undergraduate Athletic Training Education Program**

Joshua Beaumont (G)

Beaumont J, Kane R, Barnhart B & Hess, RA. *Concussion Education in Athletic Training Curriculum Programs*. Poster presented at the National Athletic Trainers' Association (NATA) & Clinical Symposia. Dallas, TX, June 2002.

Thomas Bowman (UG)

Bowman T & Hess RA. *Neuromuscular Control of Female Athletes in Two Sports: Comparing Skill and Power*. Poster presented at the National Athletic Trainers' Association (NATA) & Clinical Symposia. St Louis, MO, June 2003, and at the Eastern Athletic Trainers' Association (EATA) conference. Boston, MA, January 5-7, 2003.

Kristen Chaprin (G)

Chaparin, K. & Biddington, C. (1995, January). *Smokeless Tobacco Use among Male High School Athletes*. Poster session presented at the regional meeting of the Eastern Athletic Trainers' Association (EATA), Philadelphia, PA.

Valerie Hamel (G)

Hamel V, Hess RA, Biddington C, Kane R. *The Relationship Between Physical Activity and Balance in Physically Active And Sedentary Elders*. Paper presented at the National Athletic Trainers' Association (NATA) & Clinical Symposia. Baltimore, MD, June 2004.

Valerie Hamel (G)

Hamel V., Hess R., Biddington C., Kane R. (2004, January). *The Relationship Between Physical Activity and Balance in Physically Active and Sedentary Elders*. Poster session presented at the regional meeting of the Eastern Athletic Trainers' Association (EATA), Philadelphia, PA.

Carrie Lapierre (G)

Hess RA. & Lapierre C. *Changes in Balance Due to Various Conditions*. Poster presented at the Eastern Athletic Trainers' Association (EATA) conference. Boston, MA, January 6-8, 2002.

Jamie Lavis & Dana Kobylka (UG)

Lavis, J., Kobylka, D. Hess RA. *The Nutritional Habits and Behaviors of the Female Collegiate Endurance Athlete*. Poster presentation at the American Association of Family and Consumer Sciences Annual Meeting (AAFCS). Charlotte, NC, June 22-25, 2006.

Cynthia Leto (G)

Leto C. & Hess RA. *A Comparison Between Open and Closed Chain Kinetic Exercise in the Rehabilitation of Chronic Ankle Sprains*. Poster presented at the Eastern Athletic Trainers Association (EATA) conference. Philadelphia, PA, January 1995.

Jamie Litzinger (UG)

Litzinger JL & Hess RA. *The Effects of Core Stabilization Training in Upper Body Strength in Intercollegiate Football Players*. Poster presented at the Eastern Athletic Trainers' Association (EATA) conference. Boston, Massachusetts, January 6-8, 2002.

Jennifer Louie (G)

Louie, J. & Biddington, C. (2002, January). *Certified Athletic Trainers' Knowledge of Hepatitis A through E in the State of Colorado*. Poster session presented at the regional meeting of the Eastern Athletic Trainers' Association (EATA), Boston, MA.

Margurite Moore (G)

Moore M. & Hess RA. *The Effects of Aquatic Balance Training and Core Stability on the Chronically Unstable Ankle*. Poster presentation at the National Athletic Trainers' Association (NATA) & Clinical Symposia. Baltimore, MD, June 2004.

Chris O'Brien (G)

O'Brien, C. & Biddington, C. (1996, January). *A Comparison of Artificial Surfaces and Natural Grass for NCAA Baseball and Football*. Poster session presented at the regional meeting of the Eastern Athletic Trainers' Association (EATA), Boston, MA.

Melinda Primm (UG)

Primm M. & Hess RA. *Nutritional Comparison of Two Age Cohorts*. Poster presented at the National Athletic Trainers' Association (NATA) & Clinical Symposia. Los Angeles, CA, June 2001.

Michelle Swaney (UG)

Swaney M. & Hess RA. *The Effects of Core Stabilization on Balance and Posture in Female Collegiate Swimmers*. Poster presented at the National Athletic Trainers' Association (NATA) & Clinical Symposia. St Louis, MO, June 2003.

Shannon Tomasula (G)

Tomasula S. & Hess RA. *The Carry-over Effect of BAPS Board Training on Proprioception*. Poster presented at the Eastern Athletic Trainers' Association (EATA) conference. Providence, RI, January 8, 2001.

Erin Ulrich (G)

Ulrich, E., Roh, J., Hess, R., & Biddington, W. (June 25, 2003). *Differences in 40-yard and 10-yard dash times of collegiate football players trained in an aquatic versus a land-based sprint training program*. Poster presented at NATA 54<sup>th</sup> Annual Meeting and Clinical Symposia, St. Louis, MI.

Michael Vittorino (G)

Vittorino M. & Hess RA. *The Effects of "T-Band Kicks" on Ankle Proprioception*. Poster presented at the Eastern Athletic Trainers' Association (EATA) conference. Providence, RI, January 8, 2001.

Sarah Paugh Weaver (G)

Weaver, S, Biddington C, Roh, J, Barnhart, B. (2006, June). *Dietary Habits and Nutritional Knowledge of College Athletes*. Poster session presented at the annual meeting of the National Athletic Trainers' Association (NATA), Atlanta, GA.